



Mama Bears Parenting

Our Services

Includes

- 3 Day Workshop
- Certificates
- Workbooks (pdf copies)
- 15 hours (5 hours per session)

Individual Booking

20 Seats Available / 10 participants required to secure the date

Cost: \$500.00 per participant

- Lunch provided
- We will provide facility and date
- Workbook provided

Group Booking

20 participants Maximum

Cost \$5000.00

- PDF Workbook to be printed by host
- Hosting Organizers to provide lunch and Facilities

The Mama Bears Parenting program offers teachings in Traditional parenting through holistic healing and cultural practices. The workshop provides a range of traditional teachings and learning opportunities designed to support parents in their healing journey and help them break transgenerational cycles of trauma. This presentation aims to share insights and information from both a personal perspective and an Anishinaabe Neheyow (Saulteaux/Cree) viewpoint.