

# Where Eagles Soar

## Overcoming Addictions Program

- ❖ The Overcoming Addictions Workshop Series has been developed to provide communities with information about the disease of addiction.
- ❖ We offer additional support and tools for those who are actively recovering.
- ❖ Providing aide to front line workers and others who are affected.
- ❖ Mix and match workshop topics & entertainment!

### These workshops are perfect for:

- Mini Treatment
- Community Gatherings
- Wellness Conferences
- National Addictions Day
- Health Fairs
- Youth Conferences
- Life Skills Programs

## About Us...

Brass Enterprise is owned and operated by Annie Brass of Kawacatoose First Nation in Saskatchewan, Canada.

We have been entertaining and delivering programs since 2005.

Every year we challenge ourselves to find new & helpful ways that will inspire people on their healing paths.

Our main objectives are to promote wellness and share joy.

# Brass Enterprise

## Where Eagles Soar



### Contact Us

P.O. Box 394  
Raymore, SK  
S0A 3J0  
Telephone: 1-306-551-2572  
Email: brassannie@outlook.com  
Web: <https://anniebrass.com>



Overcoming Addictions

Bent Tour Specialty Workshops™

## Workshop Topics

### Relapse Prevention & Intervention

- 1 Day or 3 Days
- ❖ Perfect for people in recovery & others who want to help.
- ❖ Know the warning signs
- ❖ Study helpful approaches to intervention.
- ❖ Learn about letting go

### Helping Helpers Help Themselves

- 1 Day or 3 Days
- ❖ Great workshop for Front line workers and helpers
- ❖ Discover Self-Care techniques
- ❖ Understand Vicarious Trauma
- ❖ Develop your own strategies for wellbeing.

### Recovery & Relationships

- Motivational Speaking
- 1 Day or 3 Days
- ❖ Aimed at those in recovery
- ❖ Discuss the dynamics of all kinds of relationships.
  - Parents
  - Friends
  - Children
  - Co-workers
  - Romantic
- ❖ Learn about boundaries
- ❖ Find out if you are ready for a relationship.
- ❖ Discover what makes a good relationship good.

## Workshop Topics

### The Recovery Process

- 1 Day
- ❖ For all those who want to know more about Addiction
- ❖ Learn about the various types of addiction
- ❖ Discover the various stages of recovery.
- ❖ Uncover new modalities for recovery

### I'm clean now what?

- Motivational Speaking
- 1 Day or 3 Days
- ❖ Perfect for those who are new to recovery
- ❖ Answer the question, where do we go from here?
- ❖ Discover your wellness path
- ❖ Create opportunities for success
- ❖ Learn how to have fun without a crutch.

### Walking the talk

- Motivational Speaking
- 1 Day or 3 Days
- ❖ Great for all ages
- ❖ One Addict's story of recovery.
- ❖ Discover where you are on your own healing journey.
- ❖ Learn how to stay on the path to wellbeing

## Bent Tour Specials™

### Select the package that is right for your event.

- 1) **1 Day \$1250.00**
  - a) 1 Day workshop
  - b) Half (½) Day workshop with Entertainment
- 2) **3 Days \$3800.00**
  - a) 3 Days of workshops
  - b) 2 ½ Days of workshops & Entertainment
- 3) **5 Days \$6500.00**
  - a) 5 Days of workshops
  - b) 4 ½ Days of workshops & Entertainment

### Choose an Entertainment Option

- **Stand Up Comedy**  
Comic Relief By Comedian Annie Brass
- **Laughter Yoga**  
Experience the healing powers of yoga and Laughter
- **Liars Contest**  
Old Fashioned First Nation fun of making incredible not so true stories
- **Pow-wow Demo's**  
Annie Brass - Ladies Traditional Dancer along with Lakota Brass - Teen Boys Fancy Dancer demonstrates their dance styles. Together the Brass' will lead the audience in some dancing fun!