

# Holding Onto Our Dreams

## Life Skills Program

The Holding Onto Our Dreams Life Skills Program is a completely customizable program that is developed to suite your specific needs.

Whether it is an employment readiness program, a mental health or wellness program

Annie Brass Consulting is able to create an authentic and diverse set of lesson plans for your audience.

We are committed to excellence and will work diligently and efficiently so that we provide you with the exact program you specify.

## *Annie Brass Consulting*

We envision working within communities to help strengthen and support individual health wellbeing and sustainability.

Our mission is to facilitate workshops & entertain while utilizing the mediums of laughter, joy and information.

We believe that strong individuals create strong communities.

### Contact Us

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## LIFE SKILLS PROGRAM

## Custom Programs

Here at Annie Brass Consulting we make your program our priority. When it comes to creating your program our dedicated staff will discuss your needs and requirements. We will develop a program that will best suit your specifications.

With over 30 program Themes and 100 topics to select from we are able to build a complete Life Skills Package to accommodate most requests.

Some of the programs that we have developed over the years include:

- Addictions Anger
- Management
- Community Wellness
- Employment
- Readiness
- Professional Development
- Team Building
- Youth Wellness

## Diverse Programs

Our programs range from a mini 2 week program to an intensive 12 week program. We are able to accommodate most program requirements.

## Program Overview

Our Life Skills program provides a consistent structure that has been specifically developed to meet the needs of all the participants.

We provide an environment that is inspiring and motivational; members often are excited and enthusiastic.

Our program offers many interesting seminars with energizers, motivating activities, while offering new skill sets that are practical and straightforward.

Group Members will be in an environment that offers a safe and secure space to learn and practice new skills.

**Our program is based on a set of core values**



## Participant Costs

Participants Costs are \$140/day

Life Skills Program prices include:

- 2 Program Facilitators for groups of 10 plus students
- Program Development Fee
- Administration
- Program supplies
- Work books
- Travel & Accommodations

## Pricing

# of Weeks	Small Group	Large Group
	1 – 10 participants	11 – 20 Participants
2	\$14,000.00	\$28,000.00
4	\$28,000.00	\$42,000.00
6	\$42,000.00	\$56,000.00
8	\$56,000.00	\$70,000.00
10	\$70,000.00	\$84,000.00
12	\$84,000.00	\$98,000.00

**\*\*Note:** Prices may be different from the special reduced prices offered during the Bent Tour.